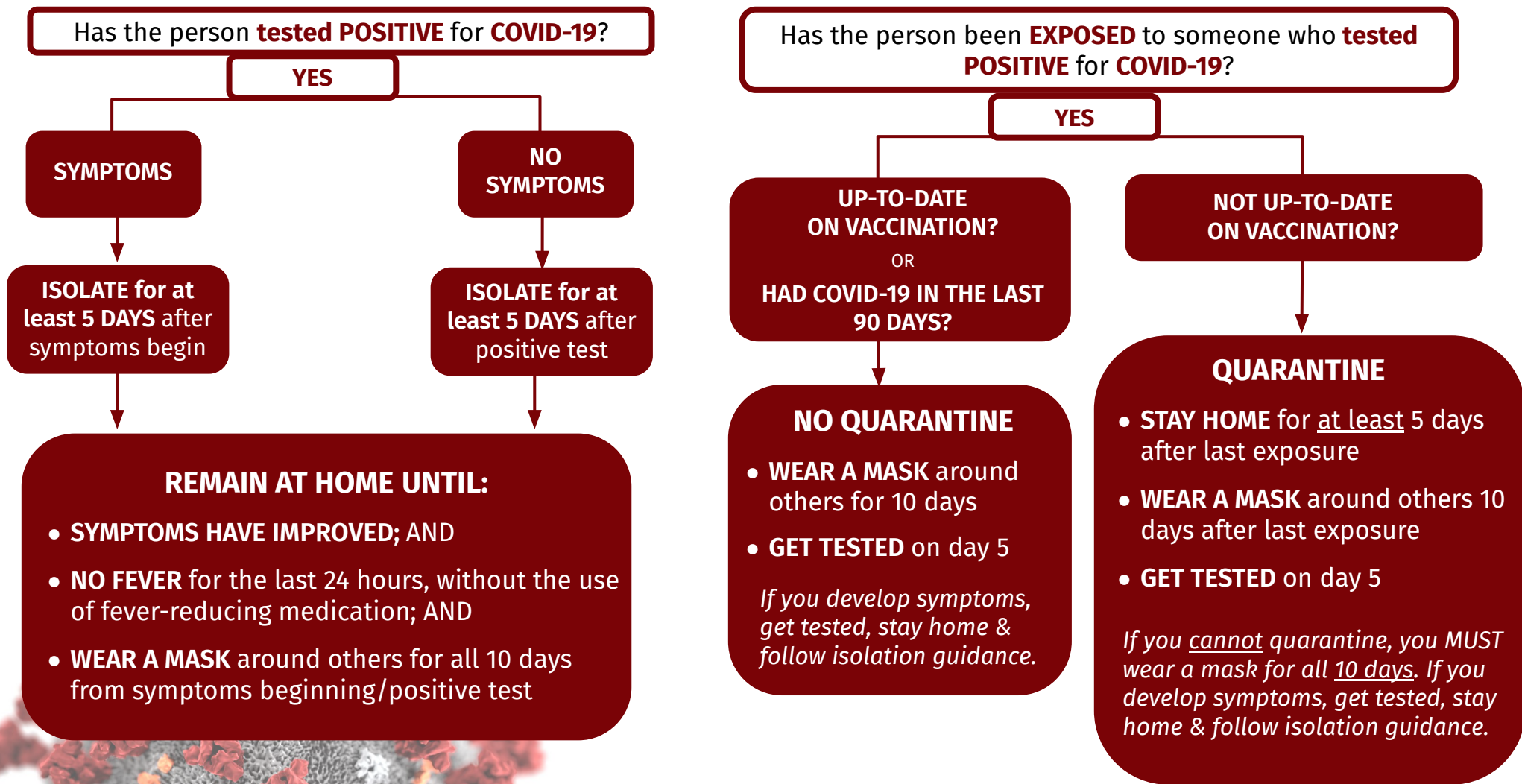


# Arizona COVID-19 'Release from Isolation & Quarantine' Flow Chart for the General Public



**NOTE:** General public does NOT apply to special populations such as severely ill, immunocompromised, those living in congregate settings or healthcare workers. Please refer to ADHS' [Release from Isolation & Quarantine Guidance](#) for special populations.

### Definitions

**Exposed:** A person is considered exposed if they are a close contact. For close contact details, refer to glossary in guidance linked above.

**Isolation:** Separates sick people with a contagious disease from people who are not sick. The day your symptoms begin (or test positive if not symptomatic) is considered 'day 0'. Isolation begins on day 1.

**Quarantine:** Separates & restricts the movement of people exposed to a contagious disease. The last day you have contact with someone with COVID-19 (last exposure) is considered 'day 0'. Quarantine begins on day 1.

**Up-to-date:** Individuals 18 or older with all recommended COVID-19 vaccines including boosters (some additional primary vaccines may be required for some immunocompromised individuals); OR Ages 5-17 with the COVID-19 primary series completed .

**NOT up-to-date:** Primary series not completed; Not vaccinated; OR 18 and older, but NOT boosted when eligible.